



FOR IMMEDIATE RELEASE

Contact:

Gavin P. Smith  
911 Orange Avenue #203  
Orlando, Florida, 32801  
United States  
phone: 407-802-4930  
url: <http://www.concentricrings.org>

REGISTER NOW FOR EXCITING MEXICAN WORKSHOP OFFERED BY CONCENTRIC RINGS™

Orlando, Florida - 2007-11-21 - Concentric Rings™, the vision of creator Bethany Staffieri, announces Healing Wisdom of the Americas: An Introductory Workshop of Mexican Herbalism, a premiere workshop on Mexican herbalism taking place in January 2008. Bookings are taking place now, with spaces reserved on a first-come, first-serve basis.

“I want to educate people about a model of alternative healing — a knowledge that honors the human body and the health of the planet we all share,” said Staffieri.

Healing Wisdom Of The Americas: An Introductory Workshop Of Mexican Herbalism is a unique nine-day experience in which participants will be able to expand their knowledge of local healing methods known throughout Central America as “Curanderismo”. Attendees can register for one of two week-long workshops that will be held in January 2008 at Los Naranjos, an elegant eco-retreat center nestled in a jungle garden in Yelapa, near Puerto Vallarta. Featuring fifteen classes ranging from herbal plant walks to spiritual energy healing, Healing Wisdom Of The Americas: An Introductory Workshop Of Mexican Herbalism will be a memorable experience for all involved.

“Our healers and locations are carefully selected to offer the group a rich experience of local healing traditions and customs,” said Staffieri. “Our participants say that the information they have gotten from our workshops has not only been healing, but for many, life transforming. This is an invitation to people who seek healthy alternatives for living a more sustainable life.”

Those interested in being a part of this exciting workshop are encouraged to book now, as space is limited. Contact Gavin P. Smith at DRG Media 407-802-4930 or [gavin@drgmedia.com](mailto:gavin@drgmedia.com) to reserve your space before each workshop is filled.



## About Bethany Staffieri

Bethany Staffieri has 30 years experience in herbalism. Due to a serious health condition Bethany deepened her understanding of how plants heal the body. Her past 7 years of investigation into herbalism inspired her to create Concentric Rings™ in an effort to keep healing traditions alive and share those traditions cross culturally. Bethany is trained and certified as a Western herbalist, permaculture design consultant, accredited naturalist, published artist and teacher. She is also the co-host of Global Healing, a weekly internet talk show dedicated to giving a voice to spiritual leaders, naturalists, herbalists, conservationists, integrative medical practitioners and other experts.

## Websites:

- Concentric Rings™ - [www.concentricrings.org](http://www.concentricrings.org)
- Global Healing - [www.globalhealingvision.com](http://www.globalhealingvision.com)
- Global Healing Blog - [blog.globalhealingvision.com](http://blog.globalhealingvision.com)

###